

# SPLASH & DASH



## Caykids 2011 Triathlon

**Sunday, January 23, 2011**

**Registration 7:00 to 7:45 a.m.**

**Race begins at 8:00 a.m.**

**The race will take place at Camana Bay Pool.**

**ENTER ONLINE at [www.caymanactive.com/caykids](http://www.caymanactive.com/caykids)**

### **The race course:**

**6-10 year olds: 100m swim, 3km bike, 500m run**

**11-14 year olds: 200m swim, 6km bike, 1km run**

Students may enter as individuals or as a team. All participants will receive a certificate, a medal, and a T-shirt. Pizza party to follow race!



## **Caykids Care**

In the past, Caykids have collected donations for Child and Family Services. This year we are supporting the Cayman Islands Cancer Society.



www.caykids.com